How to Protect Yourself in the Age of Videoconferencing Calls

Here are some tips to protect your next videoconferencing event, from Zoom, the FBI, and Consumer Reports:

- Keep your Zoom app updated.
- Do not make meetings or classrooms public.
- **Lock the meeting.**
- **Set up two-factor authentication.**
- Turn screen-sharing options to “host only.”
- **Learn how to remove unwanted participants.**
- Keep your camera and microphone turned off unless you are actually speaking.
- Use a background provided by Zoom or use your own photo to safeguard your privacy.
- If you plan to record the call, require participants to click on a consent button before recording begins.
- Be aware that Zoom has an “attention tracking” feature to monitor whether a participant clicks away from the screen.

**Source:** Association Now, March 31, 2020